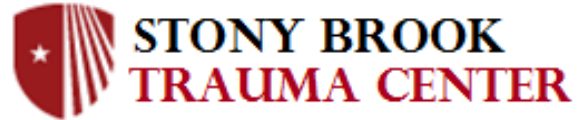




Suffolk County
Legislator Sarah Anker



Senior Health and Wellness Expo

Where: St. Mark's Church ~ Community Room
105 Randall Road, Shoreham, NY 11786

When: Friday, June 21st

Time: 10:00 AM – 1:00 PM

Drop-in anytime!

The first 100 attendees will receive a FREE reusable shopping bag!

Attendees will be provided with important information about health and wellness while enjoying free services and refreshments.

Free Balance and Health Screenings • Free Senior Citizen ID Cards • Senior Net Suffolk County Office for the Aging • Cornell Cooperative Extension Family Health and Wellness • Suffolk County Department of Social Services • Stony Brook Heart Health Touro Senior Citizen Law Program • Tai Chi for Arthritis • Retired Seniors Volunteer Program (RSVP) • Operation Medicine Cabinet: Drop-off Unwanted Medications Stepping On: Building Confidence and Reducing Falls • Home Safety Checklist Stony Brook Vascular Center: Sign-up for your free vascular or vein screening!



**For more information, please call
Legislator Anker's Office at: 631-854-1600**

