

**RESOLUTION NO. 968 -2019, DESIGNATING THE MONTH OF
NOVEMBER AS “TEEN MENTAL HEALTH AWARENESS
MONTH” IN SUFFOLK COUNTY**

WHEREAS, approximately one out of every five children in America has a diagnosable mental health disorder; and

WHEREAS, mental illness is a condition that affects a person's thinking, feeling or mood; such conditions may affect someone's ability to relate to others and function each day; and

WHEREAS, anxiety, depression and drug addiction are the leading problems in the deepening mental health crisis among America's young people; and

WHEREAS, mental health problems in young people are associated with negative outcomes such as suicide, substance use, inability to live independently, involvement in the criminal justice system, school dropout, economic hardship and physical health problems; and

WHEREAS, that research suggests mental illness is not the result of one event but actually has multiple overlapping causes which can include, but are not limited to, genetics, environment and lifestyle influence, a traumatic life event and biochemical processes or basic brain structure; and

WHEREAS, left untreated, mental illness among young people can cause severe emotional, behavioral and physical health problems and affects not only the young person and their family, but also their schools, communities and workplaces; and

WHEREAS, Suffolk County wishes to designate the month of November as “Teen Mental Health Awareness Day” in Suffolk County to increase the public’s awareness that mental health is central to everyone’s well-being, particularly adolescents, teens and young adults; now, therefore be it

1st RESOLVED, that beginning in 2019 and continuing every year thereafter the month of November hereby designated as “Teen Mental Health Awareness Day” in Suffolk County to raise awareness of the trauma and impact mental health can have on the physical, emotional and overall well-being of children, families and communities; and be it further

2nd RESOLVED, that this Legislature, being the State Environmental Quality Review Act (SEQRA) lead agency, hereby finds and determines that this resolution constitutes a Type II action pursuant to Section 617.5(c)(26) of Title 6 of the NEW YORK CODE OF RULES AND REGULATIONS (6 NYCRR) and within the meaning of Section 8-0109(2) of the NEW YORK ENVIRONMENTAL CONSERVATION LAW as routine or continuing administration and management not including new programs or major reordering of priorities that may affect the environment, and the Suffolk County Council on Environmental Quality (CEQ) is hereby directed to circulate any appropriate SEQRA notices of determination of non-applicability or non-significance in accordance with this resolution.

DATED: October 2, 2019

APPROVED BY:

/s/ Steven Bellone
County Executive of Suffolk County

Date: October 09, 2019