

Coronavirus Resource Guide

For Residents & Businesses



***Compliments of:
The Office of Suffolk County Legislator
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18th District***

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Message from Legislator Spencer...



Dear Neighbor,

The COVID-19 pandemic has turned our lives upside down and the greater effects of this crisis have impacted all of us in numerous ways - emotionally, physically and economically. As we emerge from this crisis after months of facing a pandemic, we see that the collective social distancing efforts and sacrifices made by many have led to a flattening of the curve. With that, Governor Cuomo has authorized the Long Island Region to begin the gradual process of safely getting people back to work and resuming our lives. It will require a careful balance, but so long as we stay vigilant in keeping ourselves and our neighbors safe, we will return to a state of normalcy.

Many Suffolk residents and businesses will be coping with the effects of COVID-19 for the foreseeable future. In an effort to help constituents navigate the ever-changing landscape and the numerous support services available across multiple levels of government, my office has put together the enclosed resource guide. It is my hope that this comprehensive list can help point you in the right direction during this difficult time.

Please continue to check up on your family, friends, and neighbors, and to thank our health care workers, first responders, and essential employees on the frontlines. If you know of someone in need of support, feel free to refer him or her to my office, we are here to provide assistance.

Stay well,



William R. Spencer, MD
Suffolk County Legislator
18th District

Please note...

The information and resources included below have been compiled as of *January 20, 2021* and do not reflect any more recent changes. This is a living document - as we receive new information, we will be updating this guide. Please visit my website at <https://www.scnylegislature.us/171/William-Spencer> for the most recent version of the guide.

If you are aware of any helpful resources that you would like to contribute to this document, please email William.spencer@suffolkcountyny.gov.

Thank you

Table of Contents

Helpful Links/Websites to Track	Pg. 4
Where to Get Local Updates	Pg. 5
Face Cover/Mask Requirements	Pg. 6
Travel Advisory	Pg. 7
Testing	Pg. 7
○ Testing Sites	
○ Free Testing	
○ Antibody testing	
Isolation Requirements for COVID-19 Positive Residents	Pg. 9
Quarantine Requirements for Exposure to COVID-19	Pg. 9
COVID-19 Release Letter	Pg. 10
NYS COVID-19 Vaccination Plan	Pg. 10
Personal Protective Equipment	Pg. 11
School Reopening	Pg. 11
New York Forward Plan for Reopening	Pg. 12
Reporting Violations	Pg. 15
County Departments	Pg. 16
New York State Contact Tracing Job Opportunities	Pg. 18
Economic Mitigation Measures for Businesses & Residents	Pg. 19
○ Resources for Businesses	Pg. 19
▪ Guidance on Workforce Reduction	
▪ Request Designation as an Essential Business	
▪ OSHA Guidance	
▪ Federal Assistance/ Relief	
▪ Additional Resources	
○ Support for Residents	Pg. 22
▪ Unemployment	
▪ Federal Assistance	
▪ Bills/Financial Assistance	
▪ Housing	
▪ Health Insurance	
▪ Child Care Scholarship for Essential Workers	
▪ Resources for Expectant Mothers and Families with Newborns	
▪ Mental Health Services	
▪ Veterans	
▪ Legal Assistance	
▪ NYSDOH Nursing Home Complaint Process	
▪ Public Transportation	
▪ Resources for Job Seekers	
○ Food Services	Pg. 34
▪ Free Meal Pick-Up for Those in Need	
▪ Grocery Delivery	
▪ Social Services	
▪ Food Pantries	
How You Can Help	Pg. 37
School Districts in Huntington Township	Pg. 39
Important Telephone Numbers	Pg. 40

Helpful Links/Websites to Track

[CDC Website](#)

[Symptoms](#)

[How to Protect Yourself and Others](#)

[What To Do If You Are Sick](#)

[Disinfection Recommendations](#)

[Recommendations for Running Essential Errands](#)

[EPA Guidelines on Disinfectants to Use For Combatting Coronavirus](#)

[Coronavirus Tips for Those Communicating with American Sign Language](#)

[Groups at Higher Risk](#)

[Suffolk County Updates](#)

[Daily U.S. Statistics](#)

[Daily Global Statistics](#)

[Suffolk County COVID-19 Map](#)

[New York Forward Regional Monitoring Dashboard](#)

[Find COVID-19 Hot Spot Zones by Address](#)

[NYS Early Warning Monitoring Dashboard](#)

[Find a Test Site Near You](#)

[NYS Department of Health](#)

[Suffolk County Health Facebook Page](#)

[Town of Huntington Updates](#)

[CDC Policy on Mass Gatherings](#)

[How to Discuss Coronavirus with Your Child](#)

[Managing Anxiety and Stress](#)

[Etiquette When Shopping](#)

[Occupational Safety and Health](#)

[Huntington Township Chamber of Commerce COVID-19 Resources for Local Businesses](#)

[Suffolk County Alliance of Chamber's Disaster Relief Information](#)

[US Chamber Resources For Small Businesses](#)

[US Chamber Coronavirus Small Business Guide](#)

[NYS Attorney General Guidance on Coronavirus and Scams](#)

[New York Times - Your Money: A Hub for Help During the Coronavirus Crisis](#)

[Paycheck Protection Program - 100 most active SBA 7\(a\) Lenders](#)

[COVID-19 Financial Survival Toolkit From NYS Comptroller Thomas P. DiNapoli](#)

[New York State Liquor Authority Guidance on Restrictions for Licensees and To-Go & Delivery Sales](#)

[FAQ on New York Forward and Business Reopening](#)

[CDC Holiday Guidance For Gatherings](#)

[Guidance For Holiday Donations and Charity Drives](#)

[NYS Holiday Shopping Advisory](#)

[Holiday Guidance for Nursing Homes and Adult Care Facilities](#)

[Sign-up For COVID and Vaccine Updates from NYS](#)

Where to Get Local Updates on the Coronavirus

- **Suffolk County 311:** Residents with questions related to coronavirus testing and other services available can call Suffolk County’s 311 service. A live operator is available 24/7 to assist.
Just dial 3-1-1.
- **County Text Alerts:** Sign-up to receive text updates from the County on the latest information, health guidance and other developments relating to the coronavirus. **Text COVIDSUFFOLK to 67283**
- **Email Alerts From New York State:** Provides daily updates about COVID19. You can use the link below to sign up. <https://now.ny.gov/page/s/coronavirus-updates>
- **Residents are Encouraged to Sign-Up for Smart 911:** This technology allows individuals and families to provide critical medical information to 9-1-1 operators and first responders. If you’re signed up - when you call 9-1-1, your Smart911 Safety Profile displays on the 9-1-1 screen and the call takers can view your addresses, medical information, home information, description of pets and vehicles, and emergency contacts. You can provide as much or as little information as you like. Ultimately, Smart911 gives our community the chance to be proactive, and lets us know who requires our services. **To enroll, visit Smart911.com.**
- **Residents are e=Encouraged to Sign-Up for “COVID Alert NY” The official Exposure Notification App:** Now you can use your phone in the fight against COVID-19 and get exposure alerts, without compromising your privacy or personal information. This is a free smartphone app for anyone 18+ that lives and/or works in New York available for download in the Google Play and Apple App Store.
 - The COVID Alert NY app notifies users if they have been in close contact with someone who has tested positive for COVID-19. Upon receiving an exposure notification, the app will encourage users to contact their physician or the State Health Department hotline (1-833-227-5045) to get more information about quarantining and testing.
 - Anyone who downloads the app does not have to worry about being tracked, identified or having their personal information shared. The app is completely anonymous and does not track your location or movement. No personal data is collected. COVID Alert NY uses Bluetooth proximity-enabled exposure notification technology provided by Apple and Google which is safe and secure. **To learn more about COVID Alert NY, visit ny.gov/covidalerts .**

Face Cover/Mask Requirements

Per the Governor’s Executive Order, effective Friday, April 17th at 8:00pm - All New Yorkers over age two who can medically tolerate a face covering are required to cover their nose and mouth with a mask or face covering when in public situations where social distancing cannot be maintained- i.e. at the grocery store, when using public transit, or on a crowded street. Wearing a cloth face covering **correctly** can help prevent the spread of COVID-19 to others. The CDC recommends the following Do’s and Don’t’s

DO	DON’T
<ul style="list-style-type: none"> • Make sure you can breathe through the mask • Wear it whenever going in public • Make sure it covers your nose and mouth • Wash after using 	<ul style="list-style-type: none"> • Use if under two years old • Use surgical masks or other PPE intended for healthcare workers

Cloth face coverings should:

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape.- For information on how to wash your mask, visit <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html>

Businesses are permitted to deny entry to individuals not wearing a mask or face-covering:

<https://www.governor.ny.gov/news/no-20234-continuing-temporary-suspension-and-modification-laws-relating-disaster-emergency>.

How to Make Your Own Face Covering- From the Surgeon General:

<https://www.youtube.com/watch?v=tPx1yqvJgf4>

CDC Sew and No Sew Instructions For Cloth Face Coverings:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

CDC Recommendations - How to Wash Cloth Face Coverings:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html>

COVID-19 Travel Advisory

In response to increased rates of COVID-19 transmission in the United States and other countries, and to protect New York State's successful containment of COVID-19, Governor Cuomo has issued a travel advisory for anyone entering New York from a non-bordering state or anyone who has traveled internationally from a country designated under a CDC level 2 (moderate risk) or 3 (high-risk) COVID-19 travel health notice. All travelers coming to NYS from areas beyond the border states (NJ, CT, PA, MA, VT) must fill out this paper form (or online at: <https://coronavirus.health.ny.gov/covid-19-travel-advisory-traveler-health-form>).

Travelers must quarantine for 14 days from the last day in a non-border state or another country, unless the traveler meets certain criteria or test-out of the mandatory 14-day quarantine. The new guidelines are below:

For travelers who were in another state for more than 24 hours:

- Travelers must obtain a test within three days of departure from that state.
- The traveler must, upon arrival in New York, quarantine for three days.
- On day 4 of their quarantine, the traveler must seek another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.

For travelers who were in another state for less than 24 hours:

- The traveler does not need a test prior to their departure from the other state, and does not need to quarantine upon arrival in New York State.
- However, the traveler must fill out the traveler information form upon entry into New York State, and take a COVID diagnostic test 4 days after their arrival in New York.

Local health departments will validate tests, if necessary, and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from, to ensure contact tracing proceeds there as well. All travelers must continue to fill out the traveler information form upon arrival into New York State to contribute to New York State's robust contact tracing program.

For questions about the travel advisory, please refer to the guidance linked [here](#). For general inquiries contact the call the Hotline: [1-888-364-3065](tel:1-888-364-3065) or [Ask a Question](#).

To file a report of an individual failing to adhere to the quarantine pursuant to the travel advisory [click here](#) or call 1-833-789-0470.

Coronavirus Testing

Testing Sites: A comprehensive list of testing locations near you can be found at <https://coronavirus.health.ny.gov/find-test-site-near-you>.

New York State DOH Mobile Testing: Now available at Stony Brook University and Jones Beach **BY APPOINTMENT ONLY**. Suffolk residents who think they may be infected can **call the NYS COVID-19 Hotline at 1-888-364-3065** -- a nurse or healthcare professional will assess the situation to determine if testing is needed.

Online Screening: If you are concerned about COVID-19 and would like to take an online assessment, please access this link <https://covid19screening.health.ny.gov/covid-19-screening/>. If you meet the criteria, you will receive a callback from NYS to schedule a test.

Access your results at: <https://www.bioreference.com/patient-portal/> or call 833-469-5227.

FREE testing sites: Residents in need of free COVID-19 testing can dial Suffolk's 3-1-1 line for a list of available testing sites. Currently, free testing is available at the following locations:

- CVS Pharmacy, 107 South Country Road, Bellport, NY 11713
- CVS Pharmacy, Candlewood Road and 5th Avenue, Brentwood, NY 11717
- CVS Pharmacy, 311 Main Street, Center Moriches, NY 11934
- CVS Pharmacy, 2315 Middle Country Road, Centereach, NY 11720
- CVS Pharmacy, 1710 Route 112, Coram, NY 11727
- CVS Pharmacy, 520 Larkfield Road, East Northport, NY 11731
- CVS Pharmacy, 2000 Jericho Turnpike, East Northport, NY 11731
- CVS Pharmacy, 111 Depot Road, Huntington Station, NY 11746
- CVS Pharmacy, 831 Connetquot Avenue, Islip Terrace, NY 11752
- CVS Pharmacy, 470 West Main Street, Patchogue, NY 11772
- CVS Pharmacy, 729 Portion Road, Ronkonkoma, NY 11779
- CVS Pharmacy, 29 Havenwood Drive, Shirley NY 11967
- CVS Pharmacy, 977 Jericho Turnpike, Smithtown, NY 11725
- CVS Pharmacy, 111 Terry Road, Smithtown, NY 11787
- CVS Pharmacy, 6221 Route 25A, Wading River, NY 11792
- CVS Pharmacy, 105 Montauk Highway, West Sayville, NY 11782
- CVS Pharmacy, 496 County Road 111 Building C, Manorville, NY 11949
- CVS Pharmacy, 450 Main Street, Farmingdale, NY 11735
- Rite Aid, 803 Montauk Hwy Unit D, Shirley, NY
- Rite Aid, 229 Independence Plaza, Selden, NY
- Walgreens, 1580 Route 112, Medford, NY 11763
- Stony Brook Drive Through Testing Site, 100 Nicolls Rd, Stony Brook, NY 11794

CityMD Urgent Care is offering free tests at all their facilities for New Yorkers without health insurance. Visit <https://www.citymd.com/>.

CVS Minute Clinic has multiple sites in Nassau and Suffolk offering free COVID-19 testing. Visit <https://www.cvs.com/minuteclinic/covid-19-testing> for more information.

ProHEALTH Testing:

If you have COVID-19 symptoms, ProHEALTH has a dedicated hotline that patients can **call at 516-874-0411** to talk to a medical professional. If your symptoms suggest testing is needed, you will be scheduled for testing. Additional information can be found at <https://www.prohealthcare.com/>.

RITE AID Covid-19 testing available at no cost for anyone 18+ years of age.

Rite Aid has partnered with Verily and will use its Baseline COVID-19 Program to provide screening, scheduling, and return of results to participants at Rite Aid testing sites. All Rite Aid COVID-19 testing locations utilize self-swab nasal tests overseen by Rite Aid pharmacists. At all testing locations, patients are required to provide government issued identification, be at least 18 years old, and need to pre-register online at <https://www.riteaid.com/pharmacy/services/covid-19-testing> in order to schedule a time slot for testing.

Suffolk County Sites:

- Rite Aid-803 Montauk Hwy, Unit D, Shirley, NY
- Rite Aid-229 Independence Plaza, Selden, NY

COVID-19 Antibody Testing Sites:

Please note that these tests are not free, however, most insurance plans do cover some or all of the cost of the visit, including the test. Check with your provider to determine eligibility

- **CityMD** (At all locations as of April 28 - CityMD Cutchogue remains closed). Visit <https://www.citymd.com/> to find the location nearest you.

Isolation Requirements for COVID-19 Positive Residents

If you are COVID-19 positive, it is very important that you isolate at home and distance yourself from others to stop the spread of the virus. Being in isolation is a legal requirement and your local health department will issue an isolation order to you. You will be directed to isolate, which means - stay at home away from others, including those in your household - until you are fever free for 3 days and 10 days have passed since your symptoms first appeared.

For isolation guidance, visit:

<https://www.suffolkcountyny.gov/Portals/0/FormsDocs/Health/Administration/COVID-19%20isolation%20info%20sheet%207.28.20%20-%20English.pdf>

Quarantine Requirements for Exposure to COVID-19

Individuals exposed to COVID-19 will be required to quarantine as a precaution to reduce the spread of the virus. Per the Department of Health - quarantine for potential exposure to COVID-19 is required if:

- You were in close contact or proximate contact with someone who has tested positive for COVID-19.
- If the person is symptomatic: you had contact with them while they had symptoms or within the 48 hours before their symptoms started

- If the person is asymptomatic, you had contact with them within 48 hours of when their COVID-19 test was collected.
- You have recently traveled to New York from a state with significant community spread of COVID-19.
- You are returning to the U.S. after traveling internationally.

Consistent with recent CDC guidance, individuals exposed to COVID-19 can end quarantine after ten days without a testing requirement if no symptoms have been reported during the quarantine period.

- Individuals must continue daily symptom monitoring through Day 14.
- Individuals must be counseled to continue strict adherence to all recommended non-pharmaceutical interventions, including hand hygiene and the use of face coverings, through Day 14.
- Individuals must be advised that if any symptoms develop, they should immediately self-isolate and contact the local public health authority or their healthcare provider to report this change in clinical status and determine if they should seek testing.

For guidance on how to quarantine, visit

<https://www.suffolkcountyny.gov/Portals/0/FormsDocs/Health/Administration/COVID-19%20Quarantine%20info%20sheet%207.29.20%20-%20English.pdf>

COVID-19 Release Letter

Residents who have recovered from COVID-19 and have completed their mandatory isolation/quarantine period can request a release letter from the Suffolk County Department of Health Services that shows their eligibility to return to school or work. Visit <https://health.suffolkcountyny.gov/covidreleaseletters/LetterSelect.aspx> to fill out the questionnaire.

Residents can also use this link to request a letter providing proof of COVID-19 positive testing and an excusal from work/school letter.

Please note These letters only identify your release from medical isolation or quarantine imposed by the Suffolk County Department of Health, and do not release you from any other restrictions related to covid-19 imposed by the State of New York.

NYS COVID-19 Vaccination Plan

Governor Cuomo has announced the state's Vaccination Administration Plan and the establishment of Regional Vaccination Hubs to help facilitate vaccinations once Phase 2 of the state's plan begins in early 2021. To help ensure New Yorkers are able to access the vaccine at no cost, the Department of Financial Services has also issued a directive to New York health insurers to immediately cover approved COVID-19 immunizations and their administration, without cost-sharing.

To learn more about the NYS COVID-19 Vaccination Plan visit <https://covid19vaccine.health.ny.gov/>.

New York State is currently in Phase 1a & 1b of vaccine distribution

Learn more at <https://covid19vaccine.health.ny.gov/phased-distribution-vaccine#phase-1a---phase-1b>.

Check Your Eligibility to Receive the COVID-19 Vaccine at:

<https://am-i-eligible.covid19vaccine.health.ny.gov/>

NYS Vaccine Call Center: To schedule an appointment, call 1-833-NYS-4VAX (1-833-697-4829).

NYS COVID-19 vaccine tracker: <https://covid19vaccine.health.ny.gov/covid-19-vaccine-tracker>. The tracker includes information about how many doses the state has received and how many have been administered. There is also a breakdown by region.

CDC – What to Expect After Getting a COVID-19 Vaccine: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/pdfs/321466-A_FS_What_Expect_COVID-19_Vax_Final_12.13.20.pdf

What to Know About Getting Your Second Dose: Per the CDC, both approved COVID-19 vaccines require 2 shots to get the most protection. The timing of your second shot depends on which vaccine you received. You should get your second shot:

- *Pfizer-BioNTech* - 3 weeks (or 21 days) after your first shot,
- *Moderna* - 1 month (or 28 days) after your first shot.

You should get your second shot as close to the recommended interval as possible. However, there is no maximum interval between the first and second doses for either vaccine. You should not get the second dose earlier than recommended.

Personal Protective Equipment (PPE)

Healthcare Providers Experiencing Supply Shortage can request PPE from The Suffolk County Office of Emergency Management: <https://fres.suffolkcountyny.gov/Covid19SupplyRequest/Default.aspx>

Masks for Seniors & Those Without Access to Face Coverings: Residents in the 18th District who cannot access a face covering may send their request for a free washable mask to William.spencer@suffolkcountyny.gov or call (631) 854-4500. Please include your name, address, the number of people in your family, and the best time for delivery. **Anyone in need of a face covering, who resides in Suffolk County but outside of the 18th District, can call 3-1-1 for assistance.** Determine which Legislative District you reside in at: <https://gis3.suffolkcountyny.gov/VoterInformation/>.

School Reopening

- **NYS School Reopening Dashboard to Track COVID-19:** <https://forward.ny.gov/schools>.
- **Pre-K to Grade 12 Reopening Guidance:** New York State, the Reimagine Education Advisory Council and the Department of Health released finalized guidance and guiding principles for reopening Pre-K to Grade 12 schools, which can be found

at [https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/Pre-K to Grade 12 Schools MasterGuidance.pdf](https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/Pre-K%20to%20Grade%2012%20Schools%20MasterGuidance.pdf)

- **Guidance from the New York State Education Department** can be found at <http://www.nysed.gov/reopening-schools/recovering-rebuilding-and-renewing-spirit-new-yorks-schools-reopening-guidance>
- **Suffolk County Department of Health Services School Reopening FAQs:** <https://suffolkcountyny.gov/Departments/Health-Services/Health-Bulletins/Novel-Coronavirus/SCDHS-COVID19-Guidance-and-Services>
- **New York State Department of Education School Reopening FAQs:** <http://www.nysed.gov/common/nysed/files/programs/reopening-schools/school-reopening-faq.pdf>
- **Trade School Guidance:** [https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/Trade Schools DetailedGuidance.pdf](https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/Trade_Schools_DetailedGuidance.pdf)

School Sports: Governor Cuomo announced lower-risk, school-sponsored sports in all regions may begin to practice and play beginning September 21st. However, travel for practice or play will be prohibited outside of the school's region or contiguous regions or counties until October 19th. Higher-risk sports, including those with full physical contact, may begin to practice on September 21st but cannot play until a later date or December 31st. Access the guidance [here](#).

- As of 9/11/20 - Suffolk County high school sports have been postponed until Jan. 4th. <https://www.newsday.com/sports/high-school/suffolk-section-xi-fall-sports-1.49214861>

SCOPE Registration Information, Dates, and FAQs - <https://www.scopeonline.us/>

New York Forward Plan for Reopening

Businesses in each region of New York State will re-open in phases as they meet the criteria necessary to protect public health. Re-opening refers to non-essential businesses and business activities. Essential businesses and business activities that are open will remain open.

In all phases, businesses eligible for reopening are instructed to read the guidelines for their industry, submit an affirmation, complete the safety plan and display it in their business. The guidelines and affirmation template can be found at the following links:

Phase 4: <https://forward.ny.gov/phase-four-industries>.

Phase 3: <https://forward.ny.gov/phase-three-industries>

Phase 2: <https://forward.ny.gov/phase-two-industries>

Phase 1: <https://forward.ny.gov/phase-one-industries>

If guidance has not yet been published for your specific industry, but you are permitted to reopen, please refer to the [NY Forward Safety Plan template](#).

- **Use the Empire State Development Business Reopening Look-up Tool** to determine if a business is permitted to be open and what restrictions are in place, <https://www.businessexpress.ny.gov/app/nyforward>.

Suffolk County is Currently in Phase 4:

On July 8th the Long Island Region entered Phase 4 of the New York Forward Plan, which includes the industries from phases 1, 2, and 3 as well as the following industries:

- **Higher education:** including but not limited to community and junior colleges, universities, graduate and professional schools, medical schools, and technical schools.
- **Low-risk outdoor arts and entertainment:** outdoor zoos, botanical gardens, nature parks, grounds of historic sites and cultural institutions, outdoor museums, outdoor agritourism, local agricultural demonstrations and exhibitions; and other similar institutions/activities.
- **Low-risk indoor arts and entertainment:** indoor museums, historical sites, aquariums, and other related institutions or activities.
- **Media production:** “media production activities” encompass all activities undertaken in motion picture, music, television, and streaming productions on set, on location, or at any production or recording site.

As of Friday, November 13, 2020 the following guidelines have been issued:

- Indoor and outdoor gatherings at private residences are limited to no more than 10 people.
- All restaurants, irrespective of whether such restaurant is licensed by the State Liquor Authority, shall cease in-person dining at 10:00PM, but may continue curbside takeout and delivery service after 10:00PM so long as otherwise permitted, and may reopen no earlier than 5:00AM.
- Any gym or fitness center shall cease operation and close to the public at 10:00PM, and cannot reopen until 5:00AM.

Since entering Phase 4, the state has issued guidance on the following:

- **Malls** can reopen if they have installed enhanced HVAC systems. Access guidelines here - www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/Malls_Summary_Guidelines.pdf
- **Pools:** Pools are permitted to be open. Municipalities can determine if they do or do not want to open their pools.
- **Restaurants and bars** statewide will be subject to new requirements that they must only serve alcohol to people who are ordering and eating food and that all service at bar tops must only be for seated patrons who are socially distanced by six feet or separated by physical barriers. The purpose of the requirement that food be sold with alcohol is to restrict congregating and mingling that arise in a bar service/drinking only environment. Citizens who see violations or

are concerned can report complaints, including photos, to the State Liquor Authority at www.sla.ny.gov. Additional information and guidance can be found on the SLA Website, <https://sla.ny.gov/guidance-requirement-licensees-premises-service-privileges-serve-food-alcoholic-beverages>.

- **Movie theaters** outside of New York City can reopen at 25% capacity under state guidance starting October 23. No more than 50 people are allowed in front of each screen in each movie theater at once. Theaters can only open outside of New York City in counties that have COVID-19 positivity rates of less than 2% on a 14-day average and do not have any cluster zones. Guidance can be found at: https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/Movie_Theater_Summary_Guidelines.pdf.
- **Ski resorts** can reopen with 50 percent indoor capacity and with strict health and safety protocols under state-issued guidance starting Friday, November 6. State guidance on the reopening of ski resorts includes the following precautions:
 - Masks required at all times, except when eating/drinking or skiing.
 - Social distancing between parties required at all times.
 - Restrict gondolas/lifts to members of the same party.
 - Limit ski lessons to no more than 10 people.
 - Thorough cleaning and disinfection of shared/rented equipment.
 - Shuttles, food & beverage, retail service must conform to State-issued guidance.
 - Reduce outdoor capacity on mountain by 25% during "peak" days or if multiple trails are closed due to unseasonable conditions.
- **Gyms and Fitness Centers** are included in "Phase 4" beginning Monday, August 24th. The Governor issued the following guidance for gyms and fitness centers:
 - Capacity: 33% occupancy limit.
 - Access: Sign-in with contact information and health screening required.
 - PPE: Appropriate face coverings required at all times.
 - Distancing: 6 feet of separation at all times.
 - Hygiene/Cleaning: Cleaning and disinfection supplies made available to customers; shared equipment cleaned after every use; staff must also be available to clean and disinfect equipment in between uses; rental equipment must be cleaned and disinfected between customer use.
 - Classes: By appointment/reservation only; maximum class capacity capped at number of people that can adhere to the 6-foot social distancing rules, but in no case more than 33% of the typical class size (i.e., leave stations, cycles, etc. vacant); classes should be scheduled to allow additional time for cleaning and disinfection in between each session.
 - Amenities: Water bottle refill stations permitted, but not shared water fountains; communal showers are closed, but individual showers/stalls can remain open so long as they are cleaned in between use.
 - Air Handling Systems: Gyms should operate at MERV-13 or greater; if they are unable to operate at that level, they must have heating, ventilation, and air conditioning (HVAC) professional document their inability to do so and adopt additional ventilation

and mitigation protocols from American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) and the Centers for Disease Control and Prevention (CDC).

- Inspection: Local health departments shall inspect before or within two weeks of the gym/fitness center opening to ensure compliance.

Gyms and fitness centers should be sure to read the guidance document thoroughly, submit a business affirmation, and complete the safety plan prior to reopening. To access the documents, visit <https://forward.ny.gov/phase-four-industries>.

Phase 3:

On June 24th, Suffolk and Nassau Counties entered into Phase 3 of the New York Forward Plan, which includes restaurant (indoor dining) and personal care services (other than hair services).

- The large gathering limit has increases from 10 people to 25 people.

Phase 2:

The Long Island Region entered Phase 2 on Wednesday, June 10th, upon review by public health experts. Phase 2 includes all office-based jobs, real-estate services, retail in-store shopping, vehicle sales, and limited barbershop and hair salon services.

Phase 1: On Wednesday, May 27th, the Long Island Region entered Phase 1 of reopening, which permitted certain industries including construction, curbside retail and in-store pick up, manufacturing, agriculture, fishing, hunting and wholesale trade to resume business.

Outdoor, low-risk recreational activities are permitted so long as social distancing and cleaning/disinfecting measures are in place.

Reporting Violations

To Report Non-Essential Businesses Operating in Violation of Governor Cuomo's Executive Order:

- Call 311
- Or contact the Attorney General's Hotline at 212-416-8700

To File a Complaint about Essential Businesses Violating COVID 19 Protocols:

- Email CovidConsumerAffairs@suffolkcountyny.gov with the heading CONSUMER COMPLAINT
- Include in the body of the email the name and location of the business, details of the complaint (in what way you feel the business is not complying with COVID 19 protocols).
- Consumer Affairs will investigate and provide results to Business Recovery Unit staff.

To Report Price Gouging or Scammers preying on others during this crisis, call the New York State Attorney General's consumer hotline at (800) 428-9071.

County Departments

Suffolk County Police Department: Police precincts will remain open 24 hours a day, 7 days a week. The Department asks residents not to respond in-person to a police precinct or headquarters unless critically necessary.

- Residents can file non-emergency police reports online at the department's website, www.suffolkpd.org/onlinereporting or call 631-852-COPS. Incidents that can be reported online or over the phone include: harassing communications, lost property, criminal mischief, non-criminal property damage, minor motor vehicle crashes, identity theft and some larcenies.
- *In the case of an emergency, residents should call 9-1-1 and be sure to disclose all health concerns and symptoms. This will enable officers to prepare/protect themselves and the community.*
- **The Alarm Management Program** will remain closed until further notice. Visit <https://falsealarm.suffolkcountyny.gov/>.
- **The Central Records Office is closed to the public** – reports and records can be requested online or via phone at 631-852-6015. Forms can be found online at <https://suffolkpd.org/FormsandReports.aspx>.

The Department of Labor, Licensing, and Consumer Affairs: The Employment Center is Open for Front Lobby Services and One-to-One Appointments with Career Counselors ONLY. Career seekers and employers may call 631-853-6600 for staff-assisted job or talent search. For virtual/self-directed job or talent search, please [Click Here](#).

For other services and information, please phone 631-853-6600 (Employment Center), 631-853-4600 (Consumer Affairs), 631-853-3820 (SWEP Suffolk Works Employment Program).

The Civil Service Building will be closed to the public for the next two weeks or until further notice. All essential functions will continue. Almost all transactions and general inquires can be addressed online via access to the website (<https://www.suffolkcountyny.gov/Departments/Civil-Service>) or by phone, 631-853-5500. Those wishing to drop material off at the building, are encourage to use the mail instead or use the secure drop box located at the front entry door (Building 158, 725 Veterans Memorial Hwy, Smithtown, NY 1178).

- Suffolk County Civil Service Examinations scheduled on Saturdays will be postponed. Additional information regarding re-scheduling will be forthcoming as soon as possible.

Suffolk County Clerk's Office: In-person access to building and staff will be suspended until further notice. Most services are available on-line, by mail or phone. Please visit the website at www.suffolkcountyny.gov/clerk for further details or call 631-852-2000.

- You may email the following divisions directly for assistance:
 - recording@suffolkcountyny.gov
 - courtactions@suffolkcountyny.gov
 - businesscerts@suffolkcountyny.gov

- maps@suffolkcountyny.gov

Suffolk County Parks are open but park areas that do not allow for social distancing such as playgrounds are closed. ALL visitors of County parks should practice social distancing and good hygiene to protect yourself and others.

Overall Parks Status:

- Suffolk County Parks are OPEN.
- Parks with restroom facilities have at least one facility OPEN for public use.
- All Park offices will be open for in person Green Key and Permit Purchases. Hours may vary by park. List of Park Offices available [HERE](#).
 - Smith Point East Booth - Open 7 Days per week 8:30 AM – 8:00 PM
 - West Sayville - Open Monday - Friday 9:00 AM - 4:00 PM
- ****Contactless Permitting** - Please email a picture of your Driver's License, Registration and Green Key (if you have one) to SCParks@suffolkcountyny.gov. Please allow 4 to 7 days for processing.
For more details see FAQ's page [HERE](#).
- Archery Hunting Permits Now Available Online [HERE](#)
- Playgrounds are CLOSED due to COVID-19.
- Picnics are permitted with submitted application and approved COVID-19 plan. Click [HERE](#) for Group Permit Application.
- Dog Parks are OPEN.
- Tennis Courts are OPEN.
 - All players must practice Social Distancing and follow guidelines while playing. Click [HERE](#) for COVID-19 Recommended Precautions While Playing Tennis.

Beach Status:

- Beaches are open for visitors. **Swimming prohibited.**
- Visitors must wear face coverings when in public areas (ex. on boardwalk and in and around bathrooms)
- [Click Here for New York State Guidelines](#) that need to be followed as well when visiting Suffolk County Parks.
- Outer Beach Access for day trippers is 7:00 AM – DUSK and 24/7 for those actively fishing.
- Please see individual Outer Beaches for updates as some access to beaches may vary due to tides. Click [HERE](#) to View Outer Beach Conditions.

Campground Status:

- Campgrounds are OPEN.
- Reservations required for all campgrounds. No Walk-up reservations at this time.
- Campsite availability and campground statuses can be found online [HERE](#).
- While campgrounds are open there will be additional precautions taken, visit our camping page [HERE](#) for more information.

Golf Courses Status:

- All Golf Courses are OPEN
- Reservations are required. Please visit our online reservation webpage [HERE](#) to View availability and Book Tee Times .

- Courses are following NYS guidelines which include staggered tee times. Double cart riders MUST wear face coverings while driving/sitting in the cart.
- Visit each course website for more information. Click [HERE](#) for more information.

Marina Status:

- Marinas are OPEN.
- Marina Season shifted due to COVID-19 April 25 – November 28th
- Boat Ramps are OPEN

The Traffic and Parking Violations Agency (TPVA) Due to the State of Emergency to deal with the Coronavirus, Suffolk County TPVA will be closed to the public until further notice.

- **AT THIS TIME ALL MATTERS ARE BEING ADDRESSED BY TELEPHONE, EMAIL, ONLINE or via ZOOM.**
- All trials are suspended until further notice. If you received a trial notice dated prior to December 7, 2020, your trial will not take place unless you are notified by mail to appear for trial on the upcoming date of trial or on a new trial date.
- If you have retained an attorney, contact your attorney, do not proceed.
- You must answer your traffic tickets, parking tickets and red-light camera citations timely or you may incur a late fee/penalty, default judgment and/or license/registration suspension.
- You can continue to pay Red Light Camera violations and fines that are currently due online by [clicking here](#).
- You can continue to mail in not guilty and guilty pleas to:

SCTPVA
P.O. Box 9000
Smithtown, NY 11787

For general questions or to contact TPVA, please call (631) 853-3800 or email SuffolkTPVA@suffolkcountyny.gov * from Monday – Friday, 9:00 AM – 4:00 PM. Visit <https://suffolkcountyny.gov/tpva/> for the latest information.

New York State Contact Tracing Job Opportunities

Contact Tracers

Responsibilities: Reach out to the contacts of anyone diagnosed with COVID-19 to assess symptoms, ensure compliance with quarantine and determine social support needs. Link to apply: <https://careers-pcgus.icims.com/jobs/5244/contact-tracer/job?mobile=false&width=1140&height=500&bga=true&needsRedirect=false&jan1offset=-300&jun1offset=-240>

Team Supervisors

Responsibilities: Lead a team of 20 Contact Tracers, and one Community Support Specialist who are working remotely using digital tools. Link to apply: <https://careers-pcgus.icims.com/jobs/5245/team-supervisor/job>

Community Support Specialists

Work with the team to address the support needs of those who are contacts, especially those who are under Isolation or Quarantine. Link to apply: <https://careers-pcgus.icims.com/jobs/5246/community-support-specialist/job>

Economic Mitigation Measures for the Devastating Impacts of the Coronavirus

Resources for Businesses

OSHA Guidance on Preparing Workplaces for COVID-19:

<https://www.osha.gov/Publications/OSHA3990.pdf>

New York State Opened Applications for The New York Forward Loan Fund: Loans are available to small businesses and nonprofits with 20 or fewer full-time equivalent employees, and small landlords in New York State that did not receive a loan from the U.S. Small Business Administration Paycheck Protection Program (PPP) or SBA Economic Injury Disaster Loans for COVID-19 in 2020.

- **For more information, including eligibility requirements, loan terms, and how to apply, visit <https://www.connect2capital.com/partners/new-york-forward-loan-fund/>.**

Stony Brook Small Business Development Center: A Business Advisor can help you navigate through the abundance of resources available for your particular business/industry and to avoid the most common mistakes. **Schedule an appointment online at <http://nysbdc.org/appointment.html>**

Online Technology Enhancement Assistance For Businesses: The Small Business Development Center (SBDC) at Stony Brook University has partnered with Suffolk County Forward Program and Stony Brook University Colleges of Business and Engineering to assist Suffolk County small business owners with enhancing their online technology capabilities. The program will assess small businesses' current technology, pinpoint needs, and assist in developing solutions, including but not limited to:

- Setting Up Contactless and Remote Payments
- Ensuring Websites are Mobile Friendly
- Managing Delivery Orders From Multiple Delivery Services

For more information, visit <https://www.stonybrook.edu/commcms/sbdc/index.php>.

To participate in this FREE program, request a virtual appointment at https://www.stonybrook.edu/commcms/business/about_COV19-for-Business/.

The SBDC is also offering virtual workshops to help businesses as they adapt during this time of economic uncertainty. To access a list of upcoming workshops and to register, visit <https://www.stonybrook.edu/commcms/sbdc/events/index.php>.

Town of Huntington Business Reopening Resource Page: Businesses can find information on how to obtain permits for temporary outdoor dining on sidewalks, construction permits, sidewalk sales, as well as other guidance and information to assist in the reopening process and help accelerate the local economic recovery. Visit www.huntingtonny.gov/reopening.

New York State Work Share Program where employers can reduce hours and employees can file for unemployment to make up the difference - <https://www.labor.ny.gov/ui/employerinfo/shared-work-program.shtm>

- Shared Work lets employers keep trained staff and avoid layoffs. Employees can receive partial Unemployment Insurance benefits while working reduced hours. Full-time, part-time and seasonal employees are eligible. [Fact sheet for employers.](#)
- To take part in the Shared Work Program, you must first design a Shared Work plan. Complete an application online through secure [UI Online Services](#) on your Employer Information page. Applying online will provide more accurate information and a quicker response by email.

Your Shared Work Plan Must:

- Reduce work hours and corresponding wages 20 - 60%
- Apply to employees who normally work no more than 40 hours per week
- Not reduce or eliminate fringe benefits unless fringe benefits are also being reduced or eliminated for the entire work force
- Not extend beyond 53 weeks (when nearing the end of the plan, you may submit a request for a new plan)
- Replace a layoff of an equal percentage of employees

The Suffolk County Business Recovery Unit: serves as a one-stop for business questions and resources related to impacts as a result of COVID-19 and a data collection agency for economic and workforce impacts.

- Dial 3-1-1, option 2
- Access guidance on a range of topics including health protocols, information resources, employer response planning and documenting economic injuries as a result of COVID-19: <https://suffolkcountyny.gov/Portals/0/formsdocs/ecodev/COVID19BusinessResponsePlan.pdf>

Huntington Parking Meters: As of June 24, metered parking in Huntington Village has resumed. To avoid touching parking meters, the Town of Huntington advises patrons to use the *Passport Parking App*. Parking can be paid for online or through the iOS or Android Passport Parking App. For more details, visit <https://www.huntingtonny.gov/parking-app>.

Apply for a Small Business Temporary Parking Permit online: Businesses in the Huntington Village Business District may temporarily reserve up to three (3) metered parking spaces in front of their establishments to facilitate curbside pick-up and delivery vehicle parking only. The temporary parking permit allows exclusive use of the metered parking spot by the business and must be renewed monthly. Visit <https://www.huntingtonny.gov/small-business-parking>.

Federal Assistance

Throughout the pandemic, the federal government passed legislation aimed at helping Americans during this unprecedented and difficult time. Below are some of the current programs available to help businesses.

Paycheck Protection Program (PPP): Notice: Paycheck Protection Program resumed January 11, 2021. Applications will be accepted until March 31, 2021.

The Paycheck Protection Program (PPP) provides loans to help businesses keep their workforce employed during the COVID-19 crisis. The U.S. Small Business Administration (SBA) is currently offering:

- First Draw PPP Loans for first time program participants.
- Second Draw PPP Loans beginning January 13, 2021 for certain businesses who have previously received a PPP loan.
- SBA is currently accepting PPP loan applications from participating lenders. [Lender Match](#) can help connect you with a lender. You can also [view all lenders near you on a map](#).

Loan Details - From the SBA Website: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/paycheck-protection-program/first-draw-ppp-loans#section-header-2>

- The Paycheck Protection Program is a loan designed to provide a direct incentive for small businesses to keep their workers on payroll. First Draw PPP Loans can be used to help fund payroll costs, including benefits, and may also be used to pay for mortgage interest, rent, utilities, worker protection costs related to COVID-19, uninsured property damage costs caused by looting or vandalism during 2020, and certain supplier costs and expenses for operations.
- SBA will forgive loans if all employee retention criteria are met, and the funds are used for eligible expenses.
- PPP loans have an interest rate of 1%.
- Loans issued prior to June 5, 2020 have a maturity of two years. Loans issued after June 5, 2020 have a maturity of five years.
- Loan payments will be deferred for borrowers who apply for loan forgiveness until SBA remits the borrower's loan forgiveness amount to the lender. If a borrower does not apply for loan forgiveness, payments are deferred 10 months after the end of the covered period for the borrower's loan forgiveness (either 8 weeks or 24 weeks).
- No collateral or personal guarantees are required.
- Neither the government nor lenders will charge small businesses any fees.

Who May Qualify - From the SBA Website: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/paycheck-protection-program/first-draw-ppp-loans#section-header-2>

The following entities affected by Coronavirus (COVID-19) may be eligible:

- Sole proprietors, independent contractors, and self-employed persons.

- Any small business concern that meets SBA’s size standards (either the industry size standard or the alternative size standard).
- Any business, 501(c)(3) non-profit organization, 501(c)(19) veterans organization, or tribal business concern (sec. 31(b)(2)(C) of the Small Business Act) with the greater of:
 - 500 employees, or that meets the SBA industry size standard if more than 500
- Any business with a NAICS code that begins with 72 (Accommodations and Food Services) that has more than one physical location and employs less than 500 per location

How to Apply: Businesses can call their current bank or lender directly to inquire about applying, or **find a lender here:** <https://www.sba.gov/paycheckprotection/find>. **Applications will be accepted until March 31, 2021.**

Information on How and When To Apply For Loan Forgiveness: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/paycheck-protection-program/ppp-loan-forgiveness>.

Small Business Economic Injury Disaster Loans: **NOTICE: SBA is currently accepting new Economic Injury Disaster Loan (EIDL) applications from all qualified small businesses, including agricultural businesses, and private nonprofit organizations.**

The SBA’s Economic Injury Disaster Loan Program provides working capital loans of up to \$2 million that can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing. The loans may be used to **pay fixed debts, payroll, accounts payable, or other bills** that can’t be paid because of the COVID-19 outbreak. The interest rate is 3.75% for small businesses without credit available elsewhere, and 2.75% for non-profit organizations. The maximum term is 30 years. **To apply, visit:** <https://covid19relief.sba.gov/#/>.

The Shuttered Venue Operators (SVO) Grant Program – From the SBA website: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options/shuttered-venue-operators-grant#section-header-2>

The SBA is in the process of setting up the grant program and is not yet accepting applications. Established by The Economic Aid to Hard-Hit Small Businesses, Nonprofits, and Venues Act, signed into law on December 27, 2020. The program includes \$15 billion in grants to shuttered venues, to be administered by the Small Business Administration’s Office of Disaster Assistance. Eligible applicants may qualify for SVO Grants equal to 45% of their gross earned revenue, with the maximum amount available for a single grant award of \$10 million. \$2 billion is reserved for eligible applications with up to 50 full-time employees. **For additional information, email** SVOGrant@sba.gov.

Support for Residents

Applying For Unemployment Through New York State: Unemployment Insurance is temporary income for eligible workers who lose their jobs through no fault of their own. You can file your claim the first week that you lose your job.

How to Apply For Benefits:

- Applicants can file online on a rolling basis at <https://applications.labor.ny.gov/IndividualReg/>. The NYS DOL is experiencing an unprecedented volume of calls. The most efficient way for residents to file a claim is via the DOL website. Approximately 80% of applicants can complete the required forms there, without having to call the center.
- If calling, applicants should apply according to the schedule below based on the first letter of their last name (alphabetical order). Filing later in the week does not delay payments or affect the date of an individual's claim. All claims are effective on the Monday of the week in which they are filed.
Telephone applicants can call: (888) 209-8124
- **Please have the following information on hand before filing your claim:** Name, contact information, social security number, driver's license information, your last W-2, and your bank account/routing number (if you want direct deposit).

If you are filing a new unemployment insurance claim, the day you should apply is based on the first letter of your last name.

- **A - F file on Monday**
- **G - N file on Tuesday**
- **O - Z file on Wednesday**
- **If you missed your day, file Thursday – Sunday**

Any claim you file will be backdated to the date you became unemployed. If you are eligible, you will be paid for all benefits from that date forward.

What You Need to Know About Filing for Unemployment Insurance Benefits During the Pandemic:

- New York State is waiving the 7-Day waiting period for Unemployment Insurance benefits for people who are out of work due to Coronavirus (COVID-19) closures or quarantines.
- On March 27, 2020, a law was signed that provides additional Unemployment Insurance assistance to workers impacted by COVID-19. This means that you may qualify to receive: Up to 39 weeks of UI benefits.
- If you are not traditionally eligible for unemployment benefits (self-employed, independent contractors, farmers, workers with limited work history, and others) and are unable to work as a direct result of the coronavirus public health emergency, you may now be eligible through Pandemic Unemployment Assistance (PUA). **Learn more about [Pandemic Unemployment Assistance](#).**

Federal Assistance for Residents

Throughout the pandemic, the federal government passed legislation aimed at helping Americans during this unprecedented and difficult time. Below are some of the current programs available to help residents.

Stimulus Checks

Second Economic Impact Stimulus Payment – December 2020: The legislation includes \$600 stimulus checks per person, including adults and children up.

- Individuals with a 2019 adjusted gross income up to \$75,000 and married couples with an adjusted gross income up to \$150,000 are eligible.
- Payment is reduced for filers with income above those amounts.

First Economic Impact Stimulus Payment - March 2020 (CARES ACT): Some taxpayers were eligible for direct payment assistance depending on their income and most recent tax filing.

***Most eligible taxpayers have received their first Economic Impact Payment. Those who didn't get the full amount of that payment, may be eligible to claim a [Recovery Rebate Credit](#) when filing their 2020 federal tax return.**

To check your payment status or to request your payment if you have not received it, visit:
<https://www.irs.gov/coronavirus/economic-impact-payments>.

Expanded Unemployment Insurance:

- The Act provides enhanced Unemployment Insurance (UI) benefits and Pandemic Unemployment Assistance (PUA) for New Yorkers.
 - **Those in need can conveniently apply online at:**
<https://applications.labor.ny.gov/IndividualReg/>
 - **Step-by-step guide on how to apply for unemployment benefits:**
<https://www.labor.ny.gov/ui/pdfs/Unemployment-Filing-Instructions.pdf>
- Unemployment benefits will be extended from the usual 26 weeks to 50 weeks. The Federal government will fund 13 weeks of unemployment benefits through March 14, 2020 after workers have run out of State unemployment benefits.
- A new **\$300 weekly** federal enhancement in unemployment benefits was included in the latest congressional relief deal passed in December 2020. The enhancement will run through March 14th. Previous unemployment insurance provisions included an additional \$600 per week payment to each recipient through July 26, 2020.

- Those who are traditionally ineligible for unemployment such as self-employed workers, independent contractors, gig workers, and those with limited work history, may be eligible to receive some assistance.

Student Loan Payments:

- Student Loan borrowers can put off paying **Federal** student loan payments without penalty – **until January 31, 2021. ***The Secretary of Education has continued to suspend loan payments, stop collections, and waive interest on ED-held student loans since March 20, 2020.**
- Payments are suspended without interest, and collection on defaulted debts, including garnishment has been suspended.
- This does not affect borrowers who seek loan forgiveness after 10 years.
- This bill does not forgive any existing student debt.
- Private loans, and some federal loans disbursed prior to 2008 are not included.
- In 2020, Employers may pay \$5,250 of an employee’s student loan obligation on a tax-free basis.

Retirement Fund Use:

- Those taking Coronavirus-related withdrawals from retirement plans can withdraw up to \$100,000 in the 2020 year without the usual 10% penalty, as long as a result of the outbreak.
 - Income taxes owed can be spread out over three years from the date of distribution, and the account holder is permitted to put the money back into the account within the three-year period, even though normal rules may preclude making a contribution of that size.
- To qualify for coronavirus-related withdrawals: You, your spouse, or dependent must have tested positive or experienced a variety of other negative economic consequences related to the pandemic.
- For the 2020 calendar year, no one will be required take a required minimum distribution from any individual retirement accounts or workplace retirement savings plans, like a 401(k).
- **In the 2020 year, individuals borrowing from their 401(k) or other workplace retirement plan** can take out twice the usual amount, up to \$100,000.
 - This is available for 180 days after the bill passes, with certification that you’ve been affected by the pandemic
 - Usually, you can’t take out more than half your balance, but that rule is suspended.
 - Any outstanding loans which were supposed to be repaid by December 31, 2020 - can be delayed by one year.

Charitable Contributions:

- Individuals will be able to donate up to \$300 to charity in addition to their standard deduction. This will not require itemization.

Bills

PSEG-Long Island: The utility requests that customers experiencing financial difficulty as a result of issues related to the virus, contact PSEG Long Island via My Account at www.psegliny.com/myaccount or by calling 800-490-0025 to enter into a deferred payment arrangement.

National Grid: Anyone struggling with paying their bill should contact National Grid as soon as possible to discuss relief options. For more information, visit <https://www.nationalgridus.com/Long-Island-NY-Home/Bill-Help/Help-Making-Payments>.

Verizon: Verizon has announced they will continue to work with customers impacted by COVID-19 to provide the best financial options available now and moving forward. Contact your carrier directly to find out what assistance may be available.

AlticeUSA is helping low-income students, seniors and veterans stay connected during this unprecedented time for a discounted price through their Altice Advantage Internet Program. You may qualify if you or a member of your household is: eligible for or participates in the National School Lunch Program (NSLP); is eligible for or receives Supplemental Security Income (SSI) and is 65 years of age or older; or a veteran and receive state or federal public assistance. Visit the Altice Advantage Internet website for details on how to sign up: <https://www.alticeadvantageinternet.com/>

- To support the need for remote instruction, Altice USA is proud to announce it is offering Altice Advantage Internet 30Mbps service FREE for 60 days to households with K-12 and/or college students who do not currently have home internet access. Households in the Optimum service area can call to sign up at 866.200.9522 or visit <https://www.alticeadvantageinternet.com/> for more information.
- In addition, Altice USA has also introduced a \$5 per month Educator Discount available on select Internet and TV packages to show appreciation to the dedicated teachers who are making learning possible for their students both in the classroom and remotely. Educators in the Optimum service area can visit <https://www.optimum.com/educator> to learn more.

Medical/Student Loan Debt: Governor Cuomo and Attorney General Letitia James announced that — effective immediately — the state will temporarily halt the collection of medical and student debt owed to the State of New York and referred to the Office of the Attorney General for collection. This is expected through January 31, 2020. ***No application is necessary for medical and student debt*** <https://ag.ny.gov/covid-19-debt-suspension-application>.

Other Debts Owed to a NYS Agency: Residents who owe a debt to a New York State agency that has been referred to the Office of the Attorney General can request temporary debt relief. To apply, fill [out this online form](#). Individuals that are unable to fill out the online form can call the OAG hotline at (800) 771-7755.

DMV Transactions: Limited in-person transactions are now permitted by reservation ONLY – visit <https://dmv.ny.gov/dmv/dmv-office-locations#S>. Vehicle registrations and other transactions should be processed by mail and drop box. Passenger, motorcycle and commercial road tests have resumed in all regions that have reopened - road tests will be conducted with strict safety requirements in place.

All driver licenses, non-driver identification cards and vehicle registrations that expired March 1, 2020 or after and vehicle inspections that expired March 31 or after will continue to be **extended through January 29, 2021**. To renew a license online, visit <https://dmv.ny.gov/driver-license/how-renew-license>.

In addition, the Federal REAL ID enforcement deadline has been extended until October 1, 2021.

Expired Vehicle Inspections, Non-Driver IDs and Vehicle Registrations including temporary auto dealer registrations and non-driver identification cards that expired March 1, 2020, or after and vehicle inspections that expired March 31, 2020, or after **are no longer valid**.

Many transactions can be completed online, visit the DMV website at <http://www.dmv.ny.gov>.

Credit Cards: Many credit card companies are amending their policies to assist customers experiencing financial hardship as a result of the COVID-19 Pandemic. If you are having difficulty paying your bill, contact your creditor directly to determine if there are relief options available and if you qualify for assistance. For details on steps being taken by some of the major credit card companies, visit: <https://www.forbes.com/sites/advisor/2020/04/03/list-of-banks-offering-relief-to-customers-affected-by-coronavirus-covid-19/#34e399834efa>

Financial Assistance

EOC of Suffolk COVID-19 Emergency Financial Assistance: Through funding from the Federal Community Service Block Grant program, the Economic Opportunity Council of Suffolk is offering financial assistance to individuals and families impacted by the COVID-19 pandemic. Financial hardships/need include mortgage assistance, rental assistance, help with utility bills, food costs, transportation, funeral costs, medical expenses, etc. Applicant's household income must not exceed 200% of poverty guidelines. For more information on how to apply, contact Halim Kaygisiz via email at hkaygisiz@eoc-suffolk.com or by phone at 631-241-2119. Visit <https://eoc-suffolk.com/> for more information.

Emergency COVID-19 Paid Sick Leave: Guarantees workers job protection and financial compensation in the event they, or their minor dependent child, are subject to an order of mandatory or precautionary quarantine or isolation due to coronavirus.

<https://www.governor.ny.gov/paid-sick-leave-covid-19-impacted-new-yorkers/emergency-covid-19-paid-sick-leave>

- **Note:** Those quarantined and working from home, do not qualify for emergency paid sick leave.

Some people may be eligible for additional leave under NYS Paid Family Leave and disability benefits. Visit, <https://paidfamilyleave.ny.gov/COVID19>

COVID-19 Financial Survival Toolkit for New Yorkers From NYS Comptroller Thomas DiNapoli:

<https://osc.state.ny.us/covid-19/financial-toolkit>.

Housing

Eviction Proceedings and Pending Eviction Orders: *The halt on COVID-related evictions has been extended until May 1, 2021.* The state also banned late payment fees for missed rent payments during the eviction moratorium and will allow renters to use security deposits as payment.

If you believe your landlord is violating housing laws, please report it to the Attorney General's Office:

Call 800-771-7755 or visit <https://ag.ny.gov/coronavirus#tenantrights>.

Emergency Housing Through Suffolk County Department of Social Services: Call 631-854-9936 during normal business hours. After 4:30pm or on weekends or holidays, call Emergency Services at 631-854-9100.

Suffolk County HOME Consortium Emergency Rental Assistance Program for COVID-19 Relief: A one-time payment granted to eligible applicants in an amount up to 100% of one month's rent, up to a maximum of \$2,500. This program funds residents in existing rental units. The applicant will be required to fill out and sign a self-certification form to verify their income and how they were affected by the pandemic. Applicants must reside in a rental unit within the Suffolk County HOME Consortium area, which includes: Town of East Hampton - and the Village of Sag Harbor. Town of Huntington - the entire town. Town of Riverhead - the entire town. Town of Smithtown - and the Village of the Branch. Town of Southampton - and the Villages of Sag Harbor, Southampton, Westhampton Beach and Westhampton Dunes. Town of Southold – the entire town. Town of Shelter Island - excluding incorporated villages. Please note that the Town of Islip, Town of Babylon, and the Town of Brookhaven are NOT part of the Suffolk County Consortium. Rental units to be funded cannot be located within these towns. FUNDING IS LIMITED.

Participation by both tenant and landlord is required for eligibility. Payments will be made directly to the landlord. Online applications must be submitted by January 15, 2021.

For eligibility and income requirements or to apply, visit <https://www.waitlistcheck.com/NY3089>. Questions? Call the Community Development Office at (631) 853-5705 or email Community.Development@SuffolkCountyNY.gov.

New York State COVID Rent Relief Extension Program: Provides eligible households with a one-time rental subsidy that will be sent directly to the household's landlord. Applicants will not need to repay this assistance. New York State Homes and Community Renewal (HCR) has announced the COVID Rent Relief Program will be reopened for application with expanded eligibility criteria in an effort to serve New Yorkers who may have not had the opportunity to initially apply and those who may have been previously ineligible. HCR will accept applications from households through Monday, February 1, 2021.

To qualify for this one-time subsidy, low-income renters impacted by the pandemic must meet all of the following criteria:

- Must be a renter and have a primary residence in New York State;

- Applicants must have lost income during the period of April 1, 2020 to July 31, 2020;
- Before March 7, 2020, household income must have been at or below 80 percent of the Area Median Income, adjusted for household size; and
- Households must be “rent burdened” during the months they are applying for assistance between April 1, 2020 to July 31, 2020.

Applications are available on the COVID Rent Relief Program portal on HCR’s website here: <https://hcr.ny.gov/rrp>. Throughout the application period, residents who need help or have questions about their application can contact HCR’s COVID Rent Relief Program Call Center for assistance at 1-833-499-0318 or covidrentrelief@hcr.ny.gov. Call Center representatives are available Monday-Friday 8:30AM until 5PM.

Long Island Housing Partnership: Housing counselors are available to provide first-time homebuyer counseling and foreclosure and mortgage counseling throughout the current crisis. Opportunities for first time home buyers and renters are still available, and applications are being processed. Staff are working remotely, and operations will be slightly different as social distancing requires services to be offered by phone or video conferencing. For information, visit www.lihp.org or contact info@lihp.org.

Health Insurance

Open Enrollment in the NY State of Health Marketplace has been extended **through January 31, 2021** due to the ongoing COVID-19 public health emergency. Uninsured individuals can visit nystateofhealth.ny.gov or call 800-453-4666 to apply for health insurance coverage. At this time, consumers already enrolled in Medicaid, Child Health Plus, or the Essential Plan will have their coverage continued automatically and do not need to renew at this time.

The Health and Welfare Council of Long Island is helping uninsured residents enroll in health insurance through the NYS Marketplace. Staff is available to assist community members by phone in English, Spanish and Haitian-Creole – Call (516) 505-4426.

Cost Sharing Waived: Governor Cuomo has directed health insurers to waive cost sharing associated with testing for coronavirus, including emergency room, urgent care, and office visits. New Yorkers receiving Medicaid coverage will not be expected to pay a co-pay for any testing related to COVID-19.

Medicare: Medicare covers the lab tests for COVID-19 – with no out-of-pocket cost to patients, and all medically necessary hospitalizations. At this time, there is no vaccine for COVID-19. However, if one becomes available, it will be covered by all Medicare Prescription Drug Plans (Part D).

<https://www.medicare.gov/medicare-coronavirus>

Medicare Advantage and Part D Plans have been directed to:

- Waive cost sharing for COVID-19 tests.
- Waive cost sharing for COVID-19 treatments in doctor’s offices or emergency rooms and services delivered via telehealth.
- Remove prior-authorizations requirements
- Waive prescription refill limits.
- Relax restrictions on home or mail delivery of prescriptions.

<https://www.cms.gov/newsroom/press-releases/cms-issues-guidance-help-medicare-advantage-and-part-d-plans-respond-covid-19>

Child Care

Essential Worker Child Care Scholarships through the Child Care Council of Suffolk: Essential workers earning up to 300% of the federal poverty level (\$78,600 for a family of four) may be eligible for free child care. Scholarships can be used in any licensed or registered child care program.

- Parents [click here to apply](#). Aplicar [aquí en Español](#).
- To receive payment for a child with an approved scholarship, the child care program must complete the form found here [here](#).
- Please share with families who may be eligible. [Click here for more details](#).

Resources for Expectant Mothers and Families with Newborns:

Pregnancy and COVID-19 Resources for Pregnant People and their Families:

https://coronavirus.health.ny.gov/system/files/documents/2020/03/covid19_pregnancyconsumerfaqs_3.21.20.pdf

CDC Guidance for Families who are expecting or who have newborns during this time:

https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fpregnancy-breastfeeding.html

Assistance for Perinatal Mood and Anxiety Disorders - The Postpartum Resource Center of New York:

Provides free and confidential emotional support, educational information, and healthcare resources. Many new online support group and telehealth and phone treatment options are available, for moms to be, moms and families.

- **The toll-free Helpline and *Moms on Call* Telephone Support continues to be available**
 - Call the State-wide Toll-free Helpline at 1-855-631-0001
 - Or visit <https://postpartumny.org/>

Mental Health

Response Crisis Hotline Available 24/7/365: Anyone in crisis, in need of support or resources, or feeling suicidal can call the crisis hotline for help- Call (631) 751-7500.

Family Service League- DASH Hotline: Diagnostic, Assessment, and Stabilization Hub (DASH) offers 24/7 crisis care for children, adults, and families. Available to Suffolk residents who struggle with mental health and substance use disorders - Call 631-952-3333.

New York State COVID-19 Emotional Support Hotline: Support, consultation, and referral to a provider. Call 1-844-863-9314.

The Association for Mental Health & Wellness's Mental Health Helpline: Available to residents who require help finding and accessing assistance for themselves, a friend, or a family member.

Call 631-226-3900 or email helpline@mhaw.org.

Get Free Meditation and Mindfulness Resources: <https://www.headspace.com/ny>

Disaster Distress Helpline: The Substance Abuse and Mental Health Services Administration's Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster. <https://www.samhsa.gov/find-help/disaster-distress-helpline>

- Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor. When you call or text the Helpline, crisis counselors will listen to what's on your mind with patience and without judgment. The Helpline is staffed by trained counselors from a network of crisis call centers located across the United States.
- Services are also available in Spanish - Call 1-800-985-5990 and press "2". From the 50 States, text Hablanos to 66746.

The Long Island Council on Alcoholism & Drug Dependence (LICADD) is currently offering telehealth services. Call the 24 Hour hotline at 631-979-1700.

VIBS - Domestic Violence Help: All VIBS services are currently being offered **remotely** with the safety and well-being of staff and clients being the top priority. VIBS staff are ready and willing to assist. Services available include: counseling, advocacy, legal services and community education/outreach. In addition, Sexual Assault Nurse Examiners (SANE) and rape crisis counselors (RCC) continue to assist victims of rape/sexual assault. If you need assistance, please call (631) 360-3730 OR email reception@vibs.org. The **24/7 crisis hotline is available at (631) 360-3606**. Please check <http://www.vibs.org/> for updates, resources and information.

L.I. Against Domestic Violence: Is working to ensure that survivors of abuse know that social distancing and isolation does not mean you are alone. All non-residential programs are operating remotely, and the shelter is open. Contact the LIADV Hotline for free, confidential assistance with obtaining an order of protection, gaining access to the shelter, safety planning and any other questions or concerns you may have. **LIADV Hotline 24 Hour Hotline – 631-666-8833**

The Alzheimer's Foundation of America (AFA) is working remotely to provide help to those with Alzheimer's and their caregivers during this very isolating time.

- Help is available 7-days a week through the AFA Helpline at **1-866-232-8484**. Licensed Social Workers staff the helpline on weekdays from 9:00am to 9:00pm and on weekends from 9:00am to 3:00pm
- Daily therapeutic programs are available online through AFA's Facebook page, including art, music, dance, exercise and yoga. Visit www.facebook.com/AlzheimersFoundationofAmerica/. Access a schedule of upcoming programs, here: <https://alzfdn.org/coronavirus/>.

Veterans

Suffolk County Veterans Service Agency: Contact the Veterans Service Agency at: (631) 853-VETS (Hauppauge Office at 100 Veterans Memorial Highway), or (631) 852-1410 (Riverhead Office at 300 Center Drive), or via email at: servingheros@suffolkcountyny.gov or veteransinfo@suffolkcountyny.gov. To learn more about services available, visit <https://suffolkcountyny.gov/veterans>.

Veterans Crisis Line: 1-800-273-8255 - press 1.

Legal Assistance

Touro Law Helpline: Touro Law has established a helpline to answer legal questions arising from the pandemic. The helpline will be open Monday through Friday from 10:00 am to 2:00 pm. Students and volunteer attorneys will provide community members with free assistance or referrals on a myriad of issues including landlord-tenant, civil liberties, bankruptcy, employee rights, unemployment, stimulus payment, insurance and more. **Complete the intake form here:** <https://www.tourolaw.edu/AboutTouroLaw/TLCResponse> and someone will be in touch with you shortly.

NYSDOH Nursing Home Complaint Process

The New York State Department of Health, Division of Nursing Home and ICF/IID Surveillance is responsible for investigating complaints about resident abuse, neglect, mistreatment and incidents occurring in nursing homes in New York State that are related to a State and/or Federal regulatory violation.

Anyone can file a complaint against a Nursing Home. All complaints are confidential and can be made anonymously. Due to HIPPA regulations, the department is restricted from releasing patient protected information regarding a complaint case. It is advisable to have one designated representative when filing a complaint on behalf of the family or a group of individuals since only the person who files the complaint will receive correspondences from the Nursing Home Complaint Program.

You may submit this form multiple ways:

- Call the Nursing Home Complaint Hotline at 1-888-201-4563
- Fill out the online Nursing Home Complaint Form located here: <https://apps.health.ny.gov/surveyd8/nursing-home-complaint-form>
- Fax the Complaint form: 518-408-1157

Complaints will be accepted if the occurrence is within the past year of the submission of your complaint to the NYS Department of Health. In order to process your complaint in a timely manner, please:

- Type or Print clearly
- Complete form in its entirety, including your contact information
- Include any names and phone numbers with whom you have already filed a complaint with.
- Attach copies of paper materials that support your concern **(No originals please)**

All complaints received about nursing homes are reviewed by the Department through the Centralized Complaint Intake Unit and appropriate action is taken. If you choose to provide your contact information,

the Centralized Complaint Intake Unit will send you a letter which will acknowledge receipt of your complaint and provide information regarding how your complaint will be handled.

Should you have questions, please contact the Centralized Complaint Intake Program at 1-888-201-4563, Monday through Friday 8:30am - 4:45pm, excluding holidays.

*** This form is for Nursing Home complaints only. Complaints about Adult homes and Assisted Living facilities can be reported to the intake program at: 1 866 893 6772 ***

Public Transportation

MTA/LIRR Updates: <https://new.mta.info/precautions-against-coronavirus>

Suffolk County Transit: <https://www.sct-bus.org/>

- Riders are encouraged to go cashless to protect themselves and others: download the Suffolk FastFare Mobile App to purchase tickets anytime, anywhere.
- Suffolk County Transit has resumed front door boarding and fare collection on all buses.
- Face coverings must be worn when onboard the bus.

HART BUS (Huntington Area Rapid Transit: <https://huntingtonny.gov/hart>).

Resources for Job Seekers

Suffolk County Forward - Virtual Career & Talent Portal: To help business owners and residents as we reopen the economy, the Department of Labor has created a virtual career and talent portal – a “One Stop Shop” that connects jobseekers and employers - scnyforward.info.

For Jobseekers

- Research the local job market - in demand careers, occupations, skills, industries that are hiring.
- View local job opportunities – features all posts that employers make on other sites for local jobs in one place as well as links to apply.
- Virtual Job Matching & Skills Gap Analysis – enables jobseekers to see how their skills and experience match with employer job requirements, identify gaps and connect with potential training opportunities.
- Build resumes and cover letters specific to their job search.
- 24-hour Veterans Hold – vets have first priority to apply for all jobs.

For Employers

- Connect with local job seekers, search resumes.
- Post specific targeted opportunities – Virtual Career & Talent Center includes job postings that employers put on their website or Indeed (no need to duplicate efforts). In addition, companies can develop separate job postings to target specific opportunities and search resumes from Suffolk County jobseekers that post them on the site.
- View local job market landscape to compare roles, responsibilities and pay rates.

Emerging Workforce & Educators

- Students can research skills, educational credentials and careers locally to help determine their post-secondary education/training path and inform work experience/internship choices.
- Educators, Work-Based Learning Coordinators, Guidance Counselors can research industry skills and educational requirements to design experiential learning that further strengthens the classroom to career connection.

Suffolk County Business Reopening Management/Complaint Portal: suffolkcountyny.gov/scnyforward

New York State Department of Labor – Jobs Express Website: Currently, more than 12,500 jobs are available in a number of different fields from businesses looking to hire immediately. <https://www.labor.ny.gov/jobs/regional.shtm>

Food Services

Free Meal Pick Up for Those in Need (While Supplies Last)

When:	<u>Mondays</u> 4:00pm	<u>Tuesdays @ 12:00pm</u> <u>Thursdays @ 4:30pm</u>	<u>Wednesdays & Fridays</u> 2:00pm
Where:	At St. Hugh of Lincoln Church- Pulaski Road & New York Avenue, Huntington Station	“La Casita” at Manor Field Park - 90 East 5th Street, Huntington Station	At Huntington Assembly of God 1700 New York Avenue, Huntington Station
Donated by:	SCPD 2nd Precinct, Housing Help, Inc., Project Hope, St. Hugh of Lincoln Outreach, the Huntington Station Community Benefits Grant, and Community Solidarity, Taqueria Mexico Lindo	SCPD 2nd Precinct, Ra-Cha Thai Cuisine, St. Hugh of Lincoln Food Pantry and Project Hope	World Central Kitchen, Health & Welfare Council of Long Island, Helping Hand Rescue Mission, Huntington Station Latin Quarter (HSLQ), and Huntington Assembly of God Church. Meals prepared & delivered by El Sueno Mexican Grill and Danny’s Deli.

Tri Community and Youth Agency - Services Available:

809 New York Avenue, Huntington - 631- 673-0614

- **Food distribution: Mondays 11-5PM** (alternate pick up arrangements may be arranged).
- **Food doorstep drop off Delivery:** any weekday (weekend drops possible if an emergency).
- **Hot meal delivery:** For the very vulnerable, (no transportation, sick, health issues, or other issues that prevent them from leaving the house- this program delivers hot meals 6 nights a week.

Grocery Delivery/Pick-Up:

Many area grocery stores are offering deliveries or curbside pick-up. Call or visit them online for more details. Availability and delivery fee may vary.

- IGA in East Northport: 631-368-1661
- Pat’s Marketplace in East Northport: 631-446-1616
- Shop Rite: <https://shop.shoprite.com/globaldata/banner-pages/shoprite-from-home>

- Costco: <https://www.costco.com/my-life-costco-grocery-online-delivery.html>
- C-Town: <https://www.ctownfarmersmarket.com/shop/home>
- Aldi: <https://shop.aldi.us/>
- Walmart: <https://grocery.walmart.com/>
- Peapod by Stop & Shop: <https://www.peapod.com/>
- LIDL, Best Market, and Target Require a Shipt Account to deliver and there is a \$49 fee to join - <https://www.shipt.com/>

Social Services

Suffolk County DSS - South West Center

2 South 2nd Street, Deer Park, NY 11729

The number to call for Food Stamps or Temporary Assistance is 631-854-1802

- In response to the outbreak of COVID-19 and the declaration of a State disaster, Temporary Assistance applications and re-certifications can be submitted by mail (instead of going to a center). Eligibility Interviews and Recertification Interviews may be conducted by phone. The department has made every effort to contact anyone with a scheduled appointment and will have that interview conducted on the same date and time by telephone.
- Consumers applying for emergencies may be interviewed by phone, however they will still need to provide documentation of the emergency need so that the department can make an accurate assessment and determine the assistance necessary to meet the need.
- Supplemental Nutrition Assistance Program (SNAP) applications and re-certifications can be submitted electronically at mybenefits.ny.gov or by mail (instead of coming to a center). SNAP application and recertification interviews will be done by phone.
- **Additionally, SNAP benefits can be used for online grocery purchases at certain stores.** Current participating retailers include Amazon, Walmart and ShopRite. Amazon is available statewide; Walmart and ShopRite participate in specific zip codes. Walmart, depending on specific locations, offers delivery, pick-up or both. Clients can enter zip code on the Walmart or ShopRite websites to find availability.

WIC Program (Women, Infants & Children) - Dolan Family Center, 284 Pulaski Rd, Greenlawn 631-854-4438. Please visit website for more information on services and other resources:

www.suffolkcountyny.gov/departments/health-services/patient-care/WIC-program

- This program offers low income women, infants and children (up to age 5) breastfeeding support, information on healthy eating, food cards, and referrals to health care.
- Working remotely at this time – clients (new & registered) will be handled by phone
- Hours: week 1: Tuesday & Thursday, Week 2: Monday, Wednesday & Friday 9-5 Please call for week verification
- Registered clients will have their cards reloaded remotely. New clients call.

Food Pantries - Please call ahead to ensure that hours have not changed.

Helping Hand Rescue Mission

225 Broadway, Huntington Station, NY 11746
631-351-6996

Grab & Go lunches distributed on Tuesdays and Thursdays from 11 AM to 1 PM. Open Tuesday through Friday from 10 AM to 3 PM to accept donations and distribute food.

St. Hugh of Lincoln Parish Outreach

21 East 9th Street, Huntington Station, NY 11746
631-427-0638

Open Monday through Friday from 10 AM to Noon and from 1 to 3 PM to accept donations and distribute food. Operating a drive-thru pantry for the time being.

LI Cares

Multiple locations including - 220 Broadway, Huntington Station, NY 11746
631-824-6384. <https://www.licares.org/find-help/food-locator/>

*Contact the location nearest to your home *before visiting** If you need to be assessed for a Mobile Home Delivery due to the Covid-19 outbreak, call for a phone assessment – 631-582-3663 Ext. 109 or email Emergencyresponse@Licares.Org. Please allow 24-48 hours for a response.

Ecumenical Lay Council

First Presbyterian Church
Main & Church Streets, Northport, NY 11768
631-261-4357

Open Monday through Thursday from 10 AM to 12 PM to accept donations and distribute food.

Island Harvest

Call (516) 294-8528 or email admin@islandharvest.org. To find the food pantry closest to you, visit: <https://www.islandharvest.org/find-help/find-a-food-pantry/>.

Island Harvest is also providing free monthly nutritious food packages for Seniors ages 60+. To see if you qualify, contact marilyn@islandharvest.org or call 631-873-4775.

John J. Flanagan - Village Green School

Senior Center- 423 Park Avenue, Huntington, NY 11743
631-351-3253

For ages 60 and older.... Grab & Go lunches are being distributed from Noon to 1:30 PM, Monday through Friday. (\$2.00 suggested donation per meal. You must be registered to participate...call between the hours of 8:30 AM and 4:30 PM to register.)

Huntington Food Share- Community Solidarity

Located at the intersection of Fairground Ave & E. 6th St. in Huntington Station.

631-223-4370

Operates every Tuesday at 8pm regardless of the weather. Residents receive 1 weeks' worth of vegetarian groceries. Due to coronavirus, seniors will be served first and immunocompromised individuals can drive up and the groceries will be placed in their vehicle. They are accepting volunteers, but please fill out the form on their website before going at - communitysolidarity.org/foodshares/huntington.

Our Lady Queen of Martyrs Parish Outreach

53 Prospect Road, Centerport, NY 11721

631-754-9045

Open Monday through Friday from 10 AM to 2 PM to accept donations and distribute food.

How You Can Help...

***If you have the means... please consider
volunteering or donating your time or expertise***

Help Restock The Shelves Of Our Local Pantries: Many of the food pantries that service people in our communities are in need of non-perishables and toiletries – especially now that we are seeing more and more layoffs and furloughs. Contact any of the pantries listed above for information on how to donate.

People or businesses interested in getting involved in response efforts should visit: Governor Cuomo is calling on health care professionals, schools of public health or medicine and PPE products providers and manufacturers to come forward to support the state's response. It's going to be hard, it's going to be disruptive, but we will get through this together. <https://coronavirus.health.ny.gov/get-involved-how-you-can-help>

Suffolk County Medical Reserve Corps is seeking medical professionals who are willing to volunteer their skills and expertise. Volunteers will be deployed in a coordinated and controlled manner to support the ongoing coronavirus public health and emergency preparedness efforts. Call 631-852-4856, email MRC@suffolkcountyny.gov, or visit <https://www.suffolkcountyny.gov/Departments/FRES/Office-of-Emergency-Management/Medical-Reserve-Corps>.

- **Who can volunteer?** Physicians, nurses, pharmacists, dentists, veterinarians, and epidemiologists, as well as many community members including, interpreters, chaplains, office workers, legal advisors, and others.

Support Our Local Small Businesses and Restaurants: We are confronted with a public health crisis that comes with great economic impacts. Residents are encouraged to safely use local *essential* businesses for needed goods and services.

- Order take-out or delivery from your favorite restaurant.
- Call stores to inquire about ordering goods for delivery or curbside pick-up or outdoor dining.
- Purchase gift cards from local businesses to be used at a later date

The Long Island Main Street Alliance has compiled a list of restaurants and businesses open in downtowns across Suffolk and Nassau Counties: <https://www.facebook.com/Long-Island-Main-Street-Alliance-Were-Open-114182976893063/>

Donate Blood: There is an urgent need for blood donors at this time. Coronavirus concerns, blood drive cancellations, and employees working from home are all impacting donor turnout.

Donate Blood at the New York Blood Center
Melville Donor Center, 905 Walt Whitman Rd. (Rte. 110)
[Click here to Schedule an Appointment](#)

Donating blood is safe. There is no data or evidence that suggests that the coronavirus can be transmissible by blood transfusion, and there have been no reported cases worldwide of transmissions for any respiratory virus including this coronavirus. <https://nybloodcenter.org/donate-blood/covid-19-and-blood-donation-copy/>

- New York Blood Center staff are trained in universal precautions to help prevent the risk of spreading infections and they interview donors as they come in to ensure they are healthy.
- In an effort to help protect staff and blood donors, additional precautions are being taken immediately including more extensive wipe down of surfaces such as tablets, tables, and donor beds.

Recovered COVID-19 Patients Can Donate Convalescent Plasma: NY Blood Center is looking for plasma donations from patients who have successfully recovered for COVID-19. Blood from recovered patients may contain antibodies that fight the virus and can help critically ill people.

- If you had a positive test, AND your symptoms have been gone for 14 days, AND you are willing to DONATE, please complete and submit the form below. All information provided will be kept confidential and will only be used to qualify you as a donor.
<https://www.nybloodcenter.org/donate-blood/convalescent-plasma-covid-19-donor-request-form/>.

The First Responders Fund was created by Governor Cuomo to assist COVID-19 health care workers and first responders with expenses and costs, including childcare. The State Department of Health is accepting donations for the fund, and Blackstone is making an anchor \$10 million contribution to the fund. Donations can be made electronically at <https://www.healthresearch.org/donation-form/>

School Districts in Huntington Township

<p><u>Cold Spring Harbor Central School District</u> 75 Goose Hill Road Cold Spring Harbor, NY 11724 Robert C. Fenter, Superintendent 631-367-5931 rfenter@csh.k12.ny.us</p>	<p><u>Commack Union Free School District</u> 480 Clay Pitts Road East Northport, NY 11731 Dr. Donald James, Superintendent (631) 912-2010 djames@commack.k12.ny.us</p>
<p><u>Elwood Public Schools</u> 100 Kenneth Avenue Greenlawn, NY 11740 Dr. Kenneth Bossert, Superintendent (631) 266-5400 x 1402 kbossert@elwood.k12.ny.us</p>	<p><u>Half Hollow Hills Central School District</u> 525 Half Hollow Road Dix Hills, NY 11746 Dr. Patrick Harrigan, Superintendent (631) 592-3008 superintendent@hhh.k12.ny.us</p>
<p><u>Harborfields Central School District</u> 2 Oldfield Road Greenlawn, NY 11740 Dr. Rory Manning, Interim Superintendent Phone: (631) 754-5320 Ext. 321 manningr@harborfieldscsd.org</p>	<p><u>Huntington Public Schools</u> 50 Tower Street Huntington Station, NY 11743 Mr. James Polansky, Superintendent (631) 673-2038 jomiranda@hufsd.edu (Joanne, Secretary to the Superintendent)</p>
<p><u>Northport-East Northport Public Schools</u> 158 Laurel Avenue Northport, NY 11768 Mr. Robert Banzer, Superintendent (631) 262-6607 robert.banzer@northport.k12.ny.us</p>	<p><u>South Huntington Schools</u> 60 Weston Street Huntington Station, NY 11746 Dr. David Bennardo, Superintendent (631) 812-3070 dbennardo@shufsd.org</p>

Important Numbers to Know

Suffolk County Police Department Emergency: 911
Non-Emergency Number: (631) 852-6000 or 631-852-COPS

FIRE DEPARTMENTS & AMBULANCE

<p>Centerport Emergency: (631) 757-4444 Non-Emergency: (631) 261-5916</p>	<p>Cold Spring Harbor Emergency: (631) 692-4747 Non-Emergency: (631) 692-6772</p>
<p>Commack Emergency: (631) 499-5777 Non-Emergency: (631) 499-6690</p>	<p>East Northport Emergency: (631) 261-1110 Non-Emergency: (631) 261-0360</p>
<p>Eaton's Neck Emergency: (631) 757-5700 Non-Emergency: (631) 757-8932</p>	<p>Greenlawn Emergency: (631) 261-1616 Non-Emergency: (631) 261-9103</p>
<p>Huntington Manor Emergency: (631) 385-3434 Non-Emergency: (631) 427-1629 **Ambulance served by Huntington Community First Aid Squad: (631) 421-1212**</p>	<p>Huntington Emergency: (631) 421-3131 Non-Emergency: (631) 427-3030 **Ambulance served by Huntington Community First Aid Squad: (631) 421-1212**</p>
<p>Halesite Emergency: (631) 427-7250 Non-Emergency: (631) 427-1910</p>	<p>Northport Emergency: (631) 757-1111 Non-Emergency: (631) 261-7504</p>