



# Resources for Families as Students Return to School During COVID-19

Greetings,

Reopening our schools in the time of COVID-19 leaves many uncertainties – but the one thing that I think we can all agree on is the importance of getting kids back to learning as safely as possible. With 72 school districts in our County, each one responsible for developing their own plan within the framework of the state guidance, there exists a wide range of circumstances, perspectives and needs that must be considered as schools reopen for the 2020-2021 academic year. During this time, many residents have reached out to my office for direction, especially in light of the critical role that the Suffolk County Health Department plays in working with school districts on the common goal to contain the virus through contact tracing. In an effort to provide families with key information to successfully return to school, my office has put together the enclosed resource list. It is my hope that this document will serve as an empowerment tool for families as they navigate this uncertain year. Wishing you all a very happy and healthy school year!

All the best,

William R. Spencer, MD  
Suffolk County Legislator

## REOPENING GUIDANCE

- Finalized guidance and guiding principles for reopening Pre-K to Grade 12 schools – [From New York State](#)
- Guidance from the New York State Education Department can be found [HERE](#)
- Suffolk County Department of Health Services School Reopening [FAQs](#)
- New York State Department of Education School Reopening [FAQs](#)
- School sports guidance can be found [HERE](#)
  - As of 9/11/20 - Suffolk County high school sports have been postponed until Jan. 4<sup>th</sup>.

## COVID-19 INFORMATION & PRECAUTIONARY MEASURES

- Questions Regarding Facemasks for Children - [From the American Academy of Pediatrics, NY Chapter](#)
- Help Stop the Spread of COVID-19 in Children – [From the CDC](#)
- COVID-19 in Babies and Children – [From the Mayo Clinic](#)
- Pediatric Multisystem Inflammatory Syndrome in Children – [From the Mayo Clinic](#)

## MENTAL HEALTH

- Talking with Children About COVID-19 – [Tips From the CDC](#)
- Tips for Helping Children Cope with Changes Resulting from COVID-19 - [From the National Association of School Psychologists](#)
- How to Support Kids' Emotions During the Back-to-School Season This Year - <https://www.mother.ly/child/back-to-school-mental-health-pandemic>
- Pediatric Experts Offer Tips for Children's Mental Health in Transition Back to School - [From Nationwide Children's Hospital](#)

## TESTING

- A comprehensive list of testing locations near you, can be found [HERE](#)
- Residents in need of free COVID-19 testing can dial **Suffolk's 3-1-1** line for a list of available testing sites.

## OTHER RESOURCES

- NYS School Reopening Dashboard to Track COVID-19 - Click [HERE](#)
- Need a COVID-19 release letter from the Health Department? Click [HERE](#)
- NYS COVID-19 Hotline – 1-888-364-3065

**LINKS TO EACH SCHOOL  
DISTRICT'S REOPENING PLAN:**

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- [Amagansett Union Free School District](#)
- [Amityville Union Free School District](#)
- [Babylon Union Free School District](#)
- [Bay Shore Union Free School District](#)
- [Bayport-Blue Point Union Free School District](#)
- [Brentwood Union Free School District](#)
- [Bridgehampton Union Free School District](#)
- [Brookhaven-Comsewogue Union Free School District](#)
- [Center Moriches Union Free School District](#)
- [Central Islip Union Free School District](#)
- [Cold Spring Harbor Central School District](#)
- [Commack Union Free School District](#)
- [Connetquot Central School District](#)
- [Copiague Union Free School District](#)
- [Deer Park Union Free School District](#)
- [East Hampton Union Free School District: \[East Hampton High School\]\(#\) | \[John Marshall Elementary\]\(#\)](#)
- [East Islip Union Free School District](#)
- [East Moriches Union Free School District](#)
- [East Quogue Union Free School District](#)
- [Eastport-South Manor CSD](#)
- [Eastern Suffolk Boces](#)
- [Elwood Union Free School District](#)
- [Fire Island Union Free School District](#)
- [Fishers Island Union Free School District](#)
- [Greenport Union Free School District](#)
- [Half Hollow Hills Central School District](#)
- [Hampton Bays Union Free School District](#)
- [Harborfields Central School District](#)
- [Hauppauge Union Free School District](#)
- [Huntington Union Free School District](#)
- [Islip Union Free School District](#)
- [Kings Park Central School District](#)
- [Lindenhurst Union Free School District](#)
- [Little Flower School District](#)
- [Longwood Central School District](#)
- [Mattituck-Cutchogue Union Free School District](#)
- [Middle Country Central School District](#)
- [Miller Place Union Free School District](#)
- [Montauk Union Free School District](#)
- [Mount Sinai Union Free School District](#)
- [New Suffolk Common School District](#)
- [North Babylon Union Free School District](#)
- [Northport-East Northport Union Free School District](#)
- [Oysterponds Union Free School District](#)
- [Patchogue-Medford Union Free School District](#)
- [Port Jefferson Union Free School District](#)
- [Quogue Union Free School District](#)
- [Remsenburg-Speonk Union Free School District](#)
- [Riverhead Central School District](#)
- [Riverhead Charter School](#)
- [Rocky Point Union Free School District](#)
- [Sachem Central School District](#)
- [Sag Harbor Union Free School District](#)
- [Sagaponack Common School District](#)
- [Sayville Union Free School District](#)
- [Shelter Island Union Free School District](#)
- [Shoreham-Wading River Central School District](#)
- [Smithtown Central School District](#)
- [South Country Central School District](#)
- [South Huntington Union Free School District](#)
- [Southampton Union Free School District](#)
- [Southold Union Free School District](#)
- [Springs Union Free School District](#)
- [Three Village Central School District](#)
- [Tuckahoe Common School District](#)
- [Wainscott Common School District](#)
- [West Babylon Union Free School District](#)
- [West Islip Union Free School District](#)
- [Westhampton Beach Union Free School District](#)
- [Western Suffolk Boces](#)
- [William Floyd Union Free School District](#)
- [Wyandanch Union Free School District](#)

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